



# MARIN CENTER FOR INDEPENDENT LIVING

Fall  
2012

## THE MARIN INDEPENDENT

THE MARIN CENTER  
FOR INDEPENDENT LIVING  
IS PROUD TO PRESENT  
OUR ANNUAL FUNDRAISER

# Angels

BY THE BAY

FRIDAY, OCTOBER 12, 2012  
CORINTHIAN YACHT CLUB, TIBURON

11:00 A.M. HORS D'OEUVRES | WINE TASTING | SILENT AUCTION | VENDORS  
12:30 P.M. LUNCHEON | PROGRAM | LIVE AUCTION

INDIVIDUAL TICKET PRICE IS \$125—TO PURCHASE TICKETS GO TO MARINCIL.ORG OR CALL 459-6245 EXT 29

### WE ARE PROUD TO HONOR

Gary S. Mizono, M.D., Physician-in-Chief,  
Kaiser Permanente Medical Center, San Rafael, with  
The Mayor Albert J. Boro Excellence in Leadership Award

### TAKE A CHANCE FOR A GOOD CAUSE

DATE NIGHT OUT FOR A YEAR!

GRAND PRIZE — Twelve \$100 Gift Certificates from the following:  
Marinitas, Insalata's, Perbacco, Jason's, Momo's, Max's Cafe,  
Il Fornaio, Lotus Cuisine of India, Caprice, Yu Shang, Butterfly

Tickets are \$20 each or 6 for \$100. Need not be present to win.  
Purchase online at [marincil.org](http://marincil.org)

### ENJOY TASTING FINE WINES FROM:

Crinella Russian River Wines — Imbimbo Family Winery  
Roberts Private Label — Global Wine Group  
Broll Mountain Vineyards — Stevenot Winery

LUNCHEON WINES GENEROUSLY DONATED BY Peter Paul Wines

### AUCTION HIGHLIGHTS

GET YOUR CONSORTIUMS TOGETHER TO BID ON THESE FABULOUS AUCTION ITEMS!

Fresh Abalone Dinner for Twelve at Belvedere Island Estate

Tour the Private Collection of Joe Garbarino's WWII Military Museum  
with Lunch provided by Sol Food

Lunch with Mayor Willie Brown at Le Central for Six

Winemaker/Chef's Dinner for Eight at Boca Steak with Peter Paul Winemaker

Southern Marin Firehouse Dinner for Six

Wine Library — Two Cases of Assorted Fine Wines

Drive to Silverado in a Maserati for an Overnight and Golf for Four

African/Kenya Bush Safari—Seven Night Stay at the Fairmont Safari Club

Alan Pliiskin Wildflower Photography Hike with Luncheon by Delicious! Catering

2013 Grammy Awards Weekend

2013 Masters Golf (Augusta, Georgia) Final Rounds,

The Point After - 49er Post game TV show with Channel 2 Sportscaster Mark Ibanez

## It used to be easy ...

By Stan Kosloski

It used to be easy (in the 70s) to identify barriers that demonstrated disability discrimination – buildings with steps and not a ramp in sight; public schools that thought nothing about excluding children with disabilities; colleges that openly denied disabled students entrance, or admitted them and then said "you are on your own"; transportation systems that claimed they did not exclude anyone, if you can find a way to get on the bus or train; TV shows without a thought to captioning for people with hearing disabilities; telephone companies that felt they had no responsibility to accommodate those who could not hear; the wide variety of text-oriented services and businesses that did nothing to address the needs of those with visual limitations; the list goes on.

Now, certainly, things are much better, at least on the surface.

But it is also true that disability discrimination still exists, it is just more subtle, harder to articulate, and more difficult to remedy.

This is in part due to the perspective of the typical citizen (i.e., the general public) that the problem has been addressed! We have passed the Americans with Disabilities Act, housing discrimination laws, and laws mandating education for children with disabilities. Isn't that enough, they say?

But it is more than the attitude of the typical citizen. It has a lot to do with a fact of human nature – it is easier to understand things we can see. When we see stairs, inaccessible buses, the absence of TV captioning, the absence of disabled children in public schools, etc. we can more readily understand the need to level the playing field. Since we see many access features now in place, hasn't the problem been solved? Some even say we have gone too far, that enough is enough? Well is it?

*(continued on third page)*

## Personal Assistance Registry

MCIL Home Care Registry provides an affordable, high quality home care option for Marin residents who prefer to hire workers directly. Our caregivers set their own rates. There is no charge for referrals. Hourly average costs are \$18-\$22. Live-in and Overnight care are charged at a flat rate. Wound care, injections, bath visits are \$25-\$35 per visit. Most aides have been with us many years; they are self-directed individuals with a range of skills and training from home health aides to LVN/RN. MCIL also has the Registry online, Quickmatch. Quickmatch shows you a picture of each caregiver and you can hear their audio as well as see their availability and past work experience.

Please call Suzanne Ogbu at [415-459-6245](tel:415-459-6245), ext 21 to learn more about the Home Care Registry and Quickmatch.

## Stinson Beach Accessibility:



Mobi Mats are back. These mats, used originally by airports when aircraft slipped off the runways, are in use on the beach. They extend halfway down the beach and spread out in a T shape for a considerable distance. Now you can be with your family and friends and share the beach experience. Also, two beach and water wheelchairs are available free of charge from the National Park Service.

Use the following webpage to reserve a beach wheelchair for you:

<http://www.nps.gov/goga/planyourvisit/stinson-beach-access.htm> or by calling the Pacific West Region Visitors Center at 415-561-4700.

## Our deepest gratitude to our 2012 Angels by the Bay Donors and Sponsors:

### Sponsors

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#### Archangel

Luther Burbank Savings ~ Autodesk ~ Bank of Marin  
Herbst Foundation ~ Bill Hamm/Legal Video/Warm Wishes  
Isobel Weiner/Sotheby's International Realty

#### Guardian Angel

Kaiser Permanente ~ Supervisor Kate Sears ~ Frank Howard Allen  
Becky and Jerry Oken ~ Sandy and Steve Blumenthal  
First Federal Savings and Loan ~ Nuria Ibar, Videographer  
Lorraine and Howie Herrin ~ Marin Magazine ~ Schneider Construction  
Jill and Jeff Finegold ~ Judy Miller and Joe Hughes ~ Patricia and Jim Lazor  
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### Donors

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Dr. David Laub ~ Eastside West ~ Emporio Rulli & Benissimo & Susiecakes  
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Judy Georgioli and Mark Stein ~ Kathleen and Keith Woodcock ~ Kim Colby ~ Le Central Bistro  
Lea Couture ~ Linda Bausch ~ Marin Sew and Sew ~ Ficket Fences ~ Marin Brewing Company  
Marin Theatre Company ~ Mark Ibanez ~ Maya and Joe Cresalia ~ Melinda Booth and Bob Lea  
Mens Wearhouse ~ Milano Restaurant ~ Milvalli Salon & Cosmetics ~ Moylanis  
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Rolling Hills Club ~ Roseis Gift Gallery ~ San Francisco Giants ~ San Francisco Police Department  
San Francisco Yacht Club ~ Seghesio Family Vineyards ~ Senator Barbara Boxer ~ Sol Food  
Speedway Motorsports Sonoma ~ Sunrise Home ~ Taj Campton Place, San Francisco  
Theresa Ward ~ The Fairmont Sonoma Mission Inn & Spa ~ The Melting Pot  
The Walt Disney Family Museum ~ Thomas P. Collins, DDS ~ Toss Designs ~ Trader Joe's Novato  
Wildfox Restaurant ~ Willie Brown

### Restaurant Raffle

Marinitas ~ Perbacco ~ Maxis Cafe  
Jason's Restaurant ~ Insalata's ~ Lotus Cuisine of India  
Momois ~ El Paseo ~ Yu Shang ~ Caprice  
Butterfly ~ Il Fornaio

### Vendors

Lynn Tallero/Capisce  
Laura Suski/Tutto Bella  
Carol Glashoff  
Paula Beritzhoff/Chef Specs  
Liz Larsen/Champagne Pearls  
Kathy Kamel Designs

Live Auction Donors: Maya and Joe Cresalia, Southern Marin Fire Fighters, Mark Ibanez, Wildflower Photography, Boca Restaurant, Nick Allen, Sue and John Oranje, Delicious! Catering, and Sol Food Restaurant.

## **Albert J. Boro Excellence in Leadership Award**

Former Mayor Al Boro has been a tremendous community leader and advocate who has created systemic change for over 20 years by increasing the physical and programmatic access of San Rafael for people with all types of disabilities. In recognition of his leadership, MCIL is proud to introduce the Albert J. Boro Excellence in Leadership Award.

It is with great pleasure that we present our inaugural winner, Dr. Gary Mizono. In addition to his extensive leadership as Physician in Chief at Kaiser Permanente of San Rafael, Dr. Mizono has served as the coordinator of Operation Access which provides no cost medical procedures to uninsured and underinsured individuals, many of who are people with disabilities, in Marin County.

Last year, Operation Access provided approximately 300 individuals with no cost procedures. Dr. Mizono's and Operation Access have significantly expanded access to health care for people with all types of disabilities in our community and MCIL is grateful for his leadership. Please join us at this year's Angels by the Bay on Oct 12 in honoring Dr. Gary Mizono.

## **"It Used to be Easy" (Continued...)**

Clearly more needs to be done. Here are areas worthy of our continued advocacy to advance the cause of leveling the playing field:

- **Employment** – the employment rate of individuals with disabilities remains at 38%, half the rate of individuals without disabilities. We must augment our efforts to educate employers as to the benefits of employing workers with disabilities, and educate our disabled peers re: the work incentives that have been put in place that enable us to work and retain benefits. And we must change the attitudes of school personnel who may unwittingly communicate low expectations to disabled children in their charge.
- **Access** – putting ramps and elevators in place does not solve the barrier problem. Examples of common construction oversights and errors abound: heavy doors at accessible entrances; bathroom doors that swing into a stall, making access to the toilet difficult if not impossible and dangerous; curb cuts that are not flush with the road, creating a serious safety hazard; and cracks and slopes on sidewalks that render them impassable.
- **Community integration** – court decisions have confirmed that unnecessary segregation of individuals with disabilities constitutes discrimination, yet our nursing homes and institutions are still populated by people who don't need, or want, to be there; our service systems maintain an institutional bias, making funding more readily available to a person residing in a facility rather than in the community. The tendency to facilitate institutionalization must be reversed.

- **Public schools** - while structural changes have made participation easier for students with physical disabilities, students with non-visible conditions, especially students with emotional and behavioral disabilities, are typically marginalized; students are physically present but not included, violating the spirit if not the letter of the law.

- **Stigma** – often at the basis of disability discrimination, this topic deserves its own column; it gets at what disability means in our culture, and is a good indicator of the behavior of a society.

Disability discrimination in 2012 is more subtle than it used to be, and therefore more difficult to address. But address it we must, and will.

*Stanly Koslowski has been involved in the Independent Living Movement since it began. He served as Assistant Director for the Connecticut Office on Protection & Advocacy for 23 years. Stan lives in Petaluma with his wife of 40 years, Carol.*

## **California Telephone Access Program**

Thanks are extended to Bob Davies with the California Telephone Access Program (CTAP) who visited MCIL recently to discuss plans for increasing the program's service outreach to Marin constituents. Headquartered at the Ed Roberts' campus in Berkeley, CTAP's Berkeley service center provides free specialized phones (amplified phones, big button phones, cordless phones, speaker phones, captioned phones, etc.) to Bay Area residents who are unable to access conventional telephone technology. Following an easily managed application process, eligible applicants with hearing, vision, mobility, and speech impairments are provided with assessment, training, and product recommendation services—all free. Although expansion of services to all eligible Marin residents is central to CTAP's community outreach project, concentrated focus on Marin's senior population (where an estimated 70 – 80% experience diagnosable, undertreated hearing impairment) is a key component of this effort. The following outreach plans are now under consideration to build the program's presence in the community:

- Developing a corps of representatives to disseminate information about the program to local resources serving seniors and the disabled (MCIL, hospitals, Kentfield rehab, Marin Community Clinic, audiology/speech impairment services, Sutter VNA, etc.)
- Developing support group meetings at MCIL and in homes and other community settings to discuss ways to improve CTAP service access locally.

*For more information about CTAP, MCIL's Assistive Technology Advocate, Roland Rouda, can be contacted at 415 459-6245, ext. 20 or via email ([roland8888@gmail.com](mailto:roland8888@gmail.com)).*

*Contact info for the CTAP Program : English: 1-800-806-1191; Spanish: 1-800-949-5650; TTY: 1-800-806-4474; Fax: 1-800-889-3974*

Marin Center for  
Independent Living  
710 4th Street  
San Rafael, CA 94901  
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Nonprofit Organization  
US Paid Permit No. 416  
San Rafael, CA 94901

**If you are planning on making a charitable donation this year please consider  
the Marin Center for Independent Living**

**Marin Center for Independent Living**

Offers the following services:

- ◆ Assistive Technology
- ◆ Benefits Counseling (SSI, SSDI, etc.)
- ◆ Breast Cancer Benefits Counseling
- ◆ Housing Assistance
- ◆ Home Modifications
- ◆ Independent Living Skills Training
- ◆ Individual Advocacy
- ◆ Information and Referral
- ◆ Nursing Home Transition Assistance
- ◆ Peer Support Groups
- ◆ Personal Assistant Registry
- ◆ Systems Advocacy/Community Organizing

**TRAUMATIC BRAIN INJURY GROUP**

**WEDNESDAY'S 5:30-7:00 PM**

**YOUTH EMPOWERD LEADERS GROUP (YEL)**

**THURSDAY'S 4:00-5:00 PM**

**ADULT PEER SUPPORT GROUP**

**FRIDAY'S 2:00-3:30 PM**

We would like to thank the following funders and donors for their ongoing support:

AG Spanos/Fair Housing of Marin	Pacific ADA Center
Division of Aging	Susan G. Komen Foundation
George H. Sandy Foundation	To Celebrate Life Foundation
Headlands Foundation	Marin Community Foundation

This and all printed materials are available in alternate formats.  
Please visit us at [www.marincil.org](http://www.marincil.org).